



# Health History Update

*All information contained within this form is strictly confidential.  
Please complete this document prior to your first appointment.*

Name \_\_\_\_\_ Date \_\_\_\_\_

Primary Care Physician Name \_\_\_\_\_ Date of last medical exam \_\_\_\_\_

Primary Care Physician Office \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Do you take any diabetes medications? Yes No If yes, then last A1C and date \_\_\_\_\_

Are you a smoker? Yes No If yes, how many packs per day do you smoke? How many years have you smoked?  
If no, did you smoke in the past? Yes No How many years ago did you quit?

Do you drink alcohol? Never Socially OR # of drinks per day \_\_\_\_\_

**Please complete this portion of the form if there are ANY CHANGES to the following questions since your last visit**

List any ocular history including trauma or injuries and any ocular surgeries:

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List of medications (Including eye drops and over-the-counter medications):

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List of Allergies and Reactions (Please include food and non-medication allergies)

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Family history of eye diseases and their relationship to you (maternal or paternal):

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Family history of any medical diseases and their relationship to you:

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## General Medical History

Do you have any of the following?  
(Check all that apply)

- Arthritis
- Asthma
- Cancer
- Diabetes
- Heart Disease
- High Cholesterol
- HIV
- Hypertension (High blood pressure)
- Stroke/ CVA
- Migraines/headaches
- Multiple Sclerosis
- Thyroid Disease
- Other: \_\_\_\_\_  
\_\_\_\_\_

Primary Care Physician Name \_\_\_\_\_

Primary Care Physician Office \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Date of last medical exam \_\_\_\_\_

Please list any major surgeries:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please List any medications you are currently taking and for what conditions:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list any drug allergies you have:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Social History

All information is strictly confidential. However, you may discuss this portion directly with the doctor if you prefer.

- Do you drive?  Yes  No
- Do you have visual difficulty when driving?  Yes  No
- If yes, please describe \_\_\_\_\_  
\_\_\_\_\_
- Do you use tobacco products?  Yes  No
- If yes, type/amount/how long \_\_\_\_\_
- Do you drink alcohol?  Yes  No
- If yes, type/amount/how long \_\_\_\_\_
- Do you use illegal drugs?  Yes  No
- If yes, type/amount/how long \_\_\_\_\_
- Have you ever been exposed to or infected with:  
 Hepatitis  HIV
- Are you pregnant or nursing?  Yes  No

### Family History (Check all that apply)

Please note any family history (parents, grandparents, siblings, children; living or deceased) for the following:

	Yes	No	Relationship to You
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____
Diabetes Mellitus	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hyperthyroidism	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hypothyroidism	<input type="checkbox"/>	<input type="checkbox"/>	_____
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	_____
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Lupus	<input type="checkbox"/>	<input type="checkbox"/>	_____
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	_____
Blindness	<input type="checkbox"/>	<input type="checkbox"/>	_____
Eye turn/ Lazy Eye	<input type="checkbox"/>	<input type="checkbox"/>	_____
Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	_____
Macular Degeneration	<input type="checkbox"/>	<input type="checkbox"/>	_____
Cataracts	<input type="checkbox"/>	<input type="checkbox"/>	_____
Retinal Detachment/Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Other			_____